



## **PE at Starbeck Primary Academy**

At Starbeck Primary Academy, the Physical Education curriculum is designed to contribute to the overall education of all children, by helping them to lead full and valuable lives through engaging in purposeful and high-quality activity. It promotes active and healthy lifestyles, physical development and knowledge of the body in action.

### **Aims and values**

Children engage in a programme of PE that encourages fitness, improves their strength and stamina, teaches them specific skills related to sports and teaches them about rules and fair play. PE is an integral part of school life which allows children the chance to engage in competition, learn about fair play – winning and losing – and to gain a sense of achievement and develop positive attitudes towards themselves and others.

### **Implementation**

We have a long term plan which covers all aspects of the PE curriculum. This is supported by a progression map which outlines the language, skills and tactics which should be taught at each stage. We use a scheme, 'Getset4PE', which enables teachers to plan and deliver lessons with continuity for each specific sport, building upon previous years' experiences through games, athletics, gymnastics and dance (which is often linked to topic work). The children experience a wide variety of traditional games (such as tennis and hockey and football) as well as other sporting activities such as golf, archery, yoga, fitness and dodgeball during their time at Starbeck Primary Academy. Our curriculum reflects national policy by embedding a range of social skills within our planning and delivery, such as communication, respect, determination, giving encouragement and being aware of our own body language during play, performance and of course, when we win or lose a game. The staff have been involved in CPD to learn about these qualities and have all modelled lessons where they have demonstrated competence in using these skills as appropriate when teaching PE.

We are lucky to have a good variety of spaces available for the delivery of PE, including two halls, two outdoor playgrounds and a large field. Also available for our use (through prior arrangement) are the local tennis courts and swimming baths where our children take their swimming lessons. We have links with the local high schools, through the Influence and have worked with other community groups including Harrogate School Sports Partnership, Harrogate Town AFC, Starbeck Swimming Baths, Starbeck Bowling club and Harrogate Tennis club. The children have experienced taster days, had lessons and attended competitions at some of these venues.

The children have the opportunity to attend a range of after school extra-curricular clubs which encourage new skills, fitness, fair play and overall fun as well as preparing children for competition. We have a varied program of intra school competitions which cater for different interests including cricket, cross country running and dodgeball events. We have also attend inter school competitions through the Sporting Influence, HSSP and North Yorkshire Sport.

### Assessment

Progress of all children is evidenced and assessed in a number of ways:

**Video clips and photographs are collected by class teachers**, of an isolated skill such as overarm and underarm throw, dodging or a sequence including a roll and a balance.

**A Child self assessment tool** is carried out at the beginning and end of each unit of PE by a selected number of children. (mind map, vocabulary and skills/ knowledge )

**Lesson drop ins** by PE lead (teacher informed beforehand)

**Pupil voice visits** are conducted by the PE lead, who talks to children across the key stages about the skills and knowledge they are learning in PE.

The children also complete an activity tracker annually to determine where children may be less active or less interested in sports, These children are then targeted in well being groups or new clubs which are offered or set up to help increase their activity levels and raise their interest levels.