

Dear Parents and Carers

Welcome back after the half term break. I hope you are all feeling refreshed and ready for the last half term of 2019.

### **Anti-Bullying Week**

Anti-Bullying week takes place next week, the **week beginning 11<sup>th</sup> November**. The theme is '**Change Starts with Us**', focusing on how we can all make a positive difference and make a safer place for everyone.

*Small change. Big difference.*

*Whether it is verbal, physical, online or in-person, bullying has a significant impact on a child's life well into adulthood. By making small, simple changes, we can break this cycle and create a safe environment for everyone. Because together, we can challenge bullying. Change starts with a conversation. It starts with checking in. It starts with working together.*

In school the children will be revisiting our Anti-Bullying Policy and discussing how they can make positive changes. On Tuesday 12<sup>th</sup> November we will be supporting the week by holding Odd Socks Day. All you have to do is wear odd socks to school. It's an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique!



### **Children in Need**



Children in Need takes place at the end of Anti-Bullying Week, on **Friday 15<sup>th</sup> November**.

The theme this year is **Together We Can Change Lives**. From coast to coast, in towns and cities right across the UK, BBC Children in Need is out there making a difference. The amazing projects they support help change the lives of disadvantaged children and young people all over the country.

Starbeck Primary Academy will, as always, be supporting this excellent cause, raising money and having fun. This year we are inviting the children to come to school dressed as their superhero! This can be the traditional type of superhero such as Spiderman or Wonder Women, or their own personal superhero such as a family member or a member of the emergency services such as a nurse, doctor, firefighter or police officer. We will also be holding a cake sale both during the school day and after school. Donations for this good cause will be greatly received on the day.

Our wonderful school council will be organising a 'Keep Fit with Pudsey' event, which all the children are invited to take part in. All children taking part have the chance to win some amazing prizes.

Thank you for your support in this amazing cause and I am sure everyone in school will have an amazing day.

Your Sincerely,

Garry de Castro Morland  
Headteacher